

PRACTICAL EFFICIENCY OF TRAINING PROGRAM FOR PHYSICAL EDUCATION STUDENTS IN PHYSICAL EDUCATION BRANCH, BAC NINH SPORT UNIVERSITY

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Abstract:

The Department of Physical Education has assessed the efficiency of the training program on Physical Education Major in Physical Education Branch at Bac Ninh Sport University through the methods of survey by questionnaires. The subjects are students who have graduated from 1 to 3 years. At the same time, the Department has surveyed the specific needs of recruiting units to determine the level of meeting the demand of the labor market by the students of the Department, thereby make the direction to develop the training content of the Physical Education subject to shortens the distance between the training and the requirements of the recruiters..

Key words: Students, Physical Education Major, job, income, practical demand, recruitment units, training program.

INTRODUCTION

Since 2002, the Department of Physical Education at Bac Ninh Sport University has modified the content of the training program for several times but not based on the practical survey of the demand by the labor market. In line with the requirements of innovation, the Bac Ninh Sport University in general and the Department of Physical Education in particular have reviewed the practicality of the program, ensuring the training objectives must be built on the development strategy of Sports and in accordance with the progress of the society. Understanding the professional fields of participated by the students after graduation and the specialized contents that the society needs to renew contents of the program and create training products well meeting the practical requirements of society is an urgent issue to the Department of Physical Education in the current period..

RESEARCH METHODS

During the research, we have used the methods of material synthetics and analysis, interview, and mathematical statistics.

We have carried out the method of interview by questionnaires on students and recruiting

units. For the students, the Department has contacted with 112 out of 132 students of 3 courses who have graduated for 1 to 3 years, in which 106 ones agree to be interviewed and 94 questionnaires are useful, accounting for 71.2%. For recruiting units, we have interviewed 41 units including 10 sports clubs, 14 universities and 17 high schools. We have interviewed managers and coaches at the clubs, principals and vice principals in high schools, deans and deputy- deans of the department of physical education at the universities. The clubs are mainly located in Northern provinces.

RESULTS AND DISCUSSION

1. Statistics on percentage of students having jobs and aspirations as applying for jobs

The survey results show that 91.5% of students work after one year. 64.9% of students have jobs within 1-3 months; 27.6% of students have jobs after 4 months to 1 year, only 8.5% of students find difficult to apply for jobs, indicating that the society has higher and higher human resource demand of Physical Education major students.

2. Reality of jobs by Physical Education major students after graduation

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To understand the fields of work of Physical Education graduates, we have used the methods of interviewing and obtained the results as follows:

About work units: After graduation, Physical Education major students generally have work in different units. Sports clubs is the most attractive unit; schools, university and colleges rank second; the number of students work in companies and free occupations is about 14% - 15%; the rest dispersedly works in the commune and ward administrative agencies and armed forces (about 4%). The highlight is that the number of student works in sports clubs tends to increase, proving that sports clubs are more and more attractive to Physical Education major students.

About fields of work: Mass sports have attracted the largest number of graduates (about 41.5%), the second is Physical Education and Sports at schools, 8.5% of students have business on Gym equipment, machine and sports clothes, etc. However, there are still 22.3% of students cannot find the right job. Thus, in order to increase the chances of finding jobs for students, the Department of Physical Education needs to invest more and deeper in the fields of Physical Education and Sports at schools, especially the field of mass sports.

For better understand the application of the specialized content in work by students after graduation, we have conducted an interview by questionnaires with 65 people participating in teaching work.

Through the table, we see that the traditional content of Physical Education such as Gymnastics, practical fitness and Cheerleading is no use or very limited application in work, only from 1.5% to 9.2%. In contrast, the newly developed subjects in recent years such as Gym/Fitness and Aerobic students participate actively (from 18.5 to 40%). Especially, the subjects are developed almost by private, business or sports clubs. Thus, the trend of students working as State officials is decreasing, whereas there are more and more students working out of State environment. This can be

explained by the reality that staffs reductions have create difficulty for student to apply for jobs in State agencies.

3. Reality of income and satisfaction degree of Physical Education major students for work

Through interview, Physical Education students have much higher income in comparison with the average income of new graduates (2 million 4 hundred thousand by national statistics). The number of students with an average income of more than 5 million is 68 ones (accounting for 72.3%). Of which, the number of students earning more than 7 million accounts for the highest proportion, with 43.6%; average income from 5-7 million accounts for 28.7%. Conversely, the income is less than 3 million and from 3-5 million accounts for only from 8.5% - 19.1%. The survey and interviews show that the students with income of less than 3 million are mainly students working in the education sector with salary only. Students who earn from 5-7 million working in State agencies also have extra work. 100% of students with income of more than 7 million are working in sports clubs or private enterprises.

Then, we have evaluated the degree of satisfaction of the students with their current job. The results show that the degree of satisfaction with the work of graduated Physical Education students is quite high: 21.3% is very satisfied, 63.8% is quite satisfied. Thus, there are 85.1% of students satisfied with their work. The students working in the field of Physical Education and Sports at schools focused on "quite satisfied" degree with 76.9%. 100% of students working in the fields of mass sports and business on sports are satisfied with their work.

4. Understanding practical demand of recruiting units

To know the labor demand by recruitment agencies teaching in which fields of Physical Education in the future, we continue to interview 41 units (10 sports clubs, 14 universities and 17 high schools) and obtain the following results: The number of recruiting units have demand on Aerobic is very high, with 75.6%, dance and Dance Sports with more than



Intensive study time of students of Sports major, Physical Education major at Bac Ninh Sport University

50%. Next are Gym/Fitness, Cheerleading, Basic Fitness and Gymnastics. It could be recognized that the recruiting units have transformed the training trend from basic skills into modern fitness, which is collective and attracts many people to join in. Thus, nine recent training contents of the Department of Physical Education fully meet the needs of employers in the future.

CONCLUSION

Physical Education graduates are more likely to go to work out of State agencies (mainly in sports clubs) than in State ones. Fields attracted the most students are mass and school sports. The narrow specialized contents promoted in practice by students are Gym/Fitness, Basic Fitness and Aerobic. The average income of the graduates is quite high in comparison with the general level. Income of students working at sports clubs or private companies is higher than in State agencies. The majority of students are satisfied with their work, which proves that the specialized training program of the Department has created qualified human resources to meet the requirements of the labor market in general and the private labor market in particular.

The training contents of the Department of Physical Education at Bac Ninh Sport University fully meet the labor market need, but priority should be given to invest in contents which the society has more demand.

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