

REALITY AND SOLUTIONS TO IMPROVE PHYSICAL EDUCATION AT PRIMARY AND SECONDARY SCHOOLS IN THANH HOA PROVINCE

Pham Van Lieu¹

Abstract:

By means of routine scientific research, the subject survey and evaluate the situation of physical education in primary and secondary schools in Thanh Hoa province, on this basis, proposing solutions to improve the quality of physical education in primary and secondary schools in Thanh Hoa province.

Key words: Reality, solutions, quality of physical education, primary school, secondary school, Thanh Hoa province.

INTRODUCTION

Over the past years, the work of physical education in Thanh Hoa Primary and Secondary Schools has gained remarkable achievements. The movement of body training and school sports has always been highly appreciated and at the top of national leadership; Schools with national standard has reached 54% of which there are 521 primary schools, 237 secondary schools; The 9th National Phu Dong Sports Festival in 2016, Thanh Hoa students athletes ranked 3/63 of the provinces and cities. However, there are some limitations in physical education: Lack of physical education teachers, there are still many teachers of different subjects who are also working as teachers of physical education, lack of training or improving, facilities to serve the physical education is limited, backward ... So the right assessment of the situation and solutions proposed to improve the quality of physical education at primary and secondary schools in Thanh Hoa province is an urgent issue.

RESEARCH METHODS

In the research process, the subject uses the following methods: Reading, synthesizing and analyzing documents; Interviewing and Discussing; pedagogical observation; mathematical statistics.

The survey was conducted on 1341 primary and secondary schools, of which there are 708

primary schools (302 in the delta, 191 in the coastal area, 215 in the mountainous areas) and 633 secondary schools (the delta has 267 schools, 172 in the coastal area and 194 in the mountainous areas).

RESULTS AND DISCUSSION

1. Situation of physical education at primary and secondary schools in Thanh Hoa province

Through research at secondary and secondary schools representing three regions (Delta, coastal and mountainous areas) the results are as follows:

- Awareness of school administrators, teachers of physical education and pupils of primary and secondary schools on the importance of physical education and school sports for comprehensive education is relatively good. However, there are still 5% teachers; 14.1% of pupils in schools do not clearly define the importance of physical education and school sports.

- The level of physical education teachers at primary and secondary schools is uneven, with a high proportion of teachers of different subjects taking part in teaching physical education, to be more specific:

At primary schools:

There are 909/1328 teachers who take part in

1. PhD, Culture, Sports and Tourism University; Email: Hieutruong.cto@moet.edu.vn

teaching physical education, accounting for 68%. Of the 909 teachers who take part in teaching physical education, the coastal area has 382 teachers, accounting for 42%, the Delta has 355 teachers, accounting for 39% and the mountainous region has 173 teachers, accounting for 19%.

Qualified full-time physical education teachers: There are 419 full-time physical education teachers, 29 intermediate level teachers, accounting for 7%, 113 college level teachers, accounting for 27% and 277 university level, accounting for 66%. Of the 29 full-time physical education teachers with intermediate level, 60% in the coastal area and 40% in the mountainous region; Of the 113 full-time teachers of with college level, 30% in the Delta, 20% in the coastal zone and 50% in the mountainous region; of the 277 full-time physical education teachers that have university degrees 52% in the Delta, 31% in the coastal zone and 17% in the mountainous region.

At secondary schools:

There are 125/1065 teachers who take part in teaching physical education, accounting for 13.6%. Out of the 125 teachers who take part in teaching physical education, there are 83 teachers in the delta, accounting for 66.7%, 23 teachers in the coastal area, accounting for 18.5%, 19 teachers in the mountainous region, accounting for 14.8%.

Qualified full time teachers: There are about 940 full-time physical education teachers, 470 teachers with college level, accounting for 50% and 470 teachers with university level, accounting for 50%. Of the 470 full-time physical education teachers with college level, 52.3% in the Delta, 17.5% in the coastal area and 30.2% in the mountainous areas. In 470 full-time physical education teachers with university degrees, 24.4% in the Delta, 33.7% in the coastal area and 41.9% in the mountainous areas.

- The demand for training, retraining and professional training is very high. At the primary level, 65% of the teachers think that it is necessary, the remaining 35% is needed; At secondary level, 87.5% of the teachers said that

it is necessary, 11.7% is needed and only 0.8% is not needed.

- About the content of the curricular, extracurricular programs and sport competitions

The physical education program is conducted in most primary and secondary schools in Thanh Hoa province. Compared with the past, the program has a new feature is the option to assign schools actively designed under the actual conditions at the schools. But some schools choose subjects that are not suitable with the characteristics and strengths of their regions. Optional but in reality students do not have the right to choose the sport or content that they love. The time for these options is not much too, it only reached 20%, while in many countries, this rate is over 50%.

Extracurricular sports: 40.8% to 46.7% of schools do not regularly organize these activities; 42.5% to 47.5% of the schools have medium quality extracurricular activities; 3.3% of the schools have low quality activities.

Organizing tournaments for students: 42.5% to 78.3% of the schools regularly organize tournaments; 21.7% to 55.8% of the schools seldom organize and 1.7% of the schools have never organized before.

The implementation of regulations on assessing and rating physical fitness for students in accordance with Decision 53/2008 / QD-BGDDT of some schools are not good: 8.3% to 22.5% of the schools have not done well, 1.7 % to 2.5% of the schools have not implemented yet.

- Mechanisms and policies to support physical education activities:

The implementation of support regulations for physical education teachers according to QD51 / 2012 / QDTTg; Instruction 1384 / BGDDT / CTHSSV) is not good: 33.3% of the schools have completed but not timely; 6.7% to 13.3% of the schools have not fully implemented; even 5.8% of the schools have not implemented (coastal areas).

Expenditure for recruiting, training and competing for good students in physical education at all levels is lower than required:

68.3% to 80% of schools meet only a part of the requirements and 8.3% do not meet the requirements.

- Facilities for teaching, learning and organizing extracurricular activities.

The demand for physical training of primary and secondary schools students is increasing, but the facilities are lacking, specifically: 90% to 91.8% of schools do not have multi-functional sport halls; nearly 100% of the schools do not have swimming pools; 51.8% to 76.7% of schools do not have athletic tracks and fields; 72.5% to 79.2% of schools do not have soccer fields; 83.3% to 91.7% of schools do not have volleyball courts; 95.8% to 98.3% of schools do not have basketball courts; 93.3% to 95% of schools do not have table tennis courts; 13.3% to 32.5% of schools do not have badminton courts; 52.5% to 62.3% of the schools do not have shuttlecock kicking courts.

2. Solutions to improve the quality of physical education at primary and secondary schools in Thanh Hoa province

Based on theoretical and practical analysis, through interviews with experts, managers and teachers of Physical Education at Thanh Hoa Primary and Secondary Schools, we identified solutions to enhance the efficiency of physical education:

- Solution 1: Promote awareness raising for educational administrators, teachers and pupils about the role of physical education and school sports activities with the comprehensive development of pupils. .

- Solution 2: Training, retraining and organizing training courses to improve professional qualification, updating knowledge for teachers of primary and secondary schools to meet the requirements of improving the quality of physical education.

- Solution 3: Supplementing and renewing the content of the program, teaching methods, evaluating through examination methods. Increase the hours of physical education and regularly organize extracurricular sports activities.

- Solution 4: Implement the regulations on teaching and training for teachers and at the

same time

- improve the policies and mechanisms, create motivation to attract and improve the quality of physical education teachers at primary and secondary schools in Thanh Hoa province.

- Solution 5: Improve facilities for teaching, learning, training and competing, applying information technology in physical education and school sports at primary and secondary schools in Thanh Hoa.

CONCLUSION

- The current situation of physical education in primary and secondary schools in Thanh Hoa province has to overcome the following problems: The level of teachers of physical education in different regions is uneven, high proportion of teachers of different subjects taking part in teaching physical education. Many schools do not perform well in the work of extracurricular physical education activities, many schools choose extracurricular courses that are not suitable with the characteristics of the regions. The implementation of policies and mechanisms for physical education teachers is not timely. Facilities in schools are still lacking.

- The research results have also selected five solutions to improve the quality of physical education for primary and secondary schools in Thanh Hoa province.

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