

LEADERSHIP STYLES AND COACHING SKILLS OF TABLE TENNIS COACHES AND GROUP COHESION OF STUDENT-ATHLETES IN CEBU CITY

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Purpose: The purpose of this study was to determine the leadership styles and coaching skills of table tennis coaches and group cohesion of table tennis athletes in selected public and private high school of Cebu City. **Methods:** The findings of this study served as the bases for proposed intervention plan. The study utilized the descriptive-correlational method of research. **Results:** Authoritarian leadership style and the coaching skills of the respondents are not significantly related. For laissez-faire style and the coaching skills of the respondents, it yielded a computed spearman rho value of 0.036 and a p-value of 0.884 which led to failure to reject the null hypothesis. Only democratic leadership style and coaching skills were found to be significantly related as it discloses a computed spearman rho value of 3.841 and a p-value of 6.431. Authoritarian leadership style of the coaches and the group cohesion of the players are not significantly related. **Conclusion:** Table tennis coaches in the research locale highly employ democratic leadership style and

are moderately good in terms of their coaching skills. The teams are highly cohesive as perceived by the two groups of respondents. Further, democratic leadership skills is significantly related with the coaching skills of the coach-respondents. The coaching skills of the coaches and the group cohesion of the team as perceived by the players are also significantly related. This means that the higher the level of coaching skills of the coach respondents, the higher the level of perceived group cohesion of the team players.

Key words: leadership, table tennis, coaching skills...

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