

# THE CURRENT STATE OF THE DANCE SPORT MOVEMENT AT SECONDARY SCHOOL CLUBS IN HAI BA TRUNG DISTRICT, HANOI

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## Summary

Using regular research methods, the research team identified criteria and assessed the current state of the dance sport movement at secondary school clubs in Hai Ba Trung district, Hanoi. The analysis will assist administrators in formulating practical solutions to foster the development and improve the quality of the dance sport movement in the secondary schools in Hai Ba Trung district, Hanoi.

**Keywords:** Current state, movement, dance sport, secondary schools, Hai Ba Trung district, Hanoi.

## INTRODUCTION

Dance Sport (Competitive Ballroom Dancing) represents the culmination of art that celebrates human beauty and the harmony of kindred souls. Currently, the dance sport movement is expanding rapidly across metropolitan cities. Dance sport is considered an entertainment and an effective activity for Physical Education (PE). In Hai Ba Trung district, secondary schools consider the physical development of students a central and ongoing priority by improving the quality of teachers, coaches, and instructors. However, to propose appropriate and effective solutions that will positively influence the development of the dance sport movement, it is essential to assess the current state of the dance sport movement at the secondary school clubs in Hai Ba Trung district, Hanoi.

## RESEARCH METHODS

The study employed the following research methods: document analysis and synthesis; expert interviews; pedagogical observation; pedagogical testing; and mathematical statistics.

## RESULTS AND DISCUSSION

### 1. The current state of infrastructure and equipment for dance sports practice at secondary school clubs in Hai Ba Trung district, Hanoi

To evaluate the current state of infrastructure and equipment for dance sports practice at

secondary school clubs in Hai Ba Trung district, a survey and statistical analysis were conducted on the number of available facilities, practice spaces, and dance sports equipment. The results are shown in Table 1.

Table 1 reveals that the existing physical training facilities generally meet the basic requirements for practicing. However, the equipment quality in several clubs is not high enough, and they are getting degraded during use. Additionally, there is a lack of investment in modernizing or replacing outdated equipment. This issue is particularly acute in secondary schools, where Physical Education rooms are often repurposed and lack sufficient supplementary equipment. Thus, investment in high-quality, fully-equipped, and standard-compliant facilities is critical and plays a pivotal role in enhancing the overall effectiveness of the dance sports movement in Hai Ba Trung district.

### 2. The current state of human resources for dance sports development in secondary school clubs in Hai Ba Trung district, Hanoi

To assess the current status of human resources involved in the development of the dance sports movement in the clubs in Hai Ba Trung district, Hanoi, a survey and statistical analysis were conducted focusing on the administrative staff, coaches, and instructors. The results are summarized in Table 2.

Table 2 highlights the limited human resources dedicated to dance sports in the

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**Table 1. Infrastructure and equipment for dance sports practice at secondary school clubs in Hai Ba Trung district, Hanoi**

No.	Clubs	Area(m <sup>2</sup> )	Equipment (unit)			Wooden floor
			Mirrors	Dance bars	Dumbbell leg straps	
1	ProG Club	200	2	3	5	Yes
2	Vietsdance Club	100	2	1	3	Yes
3	CK Team Club	200	3	2	4	Yes
4	Hai Ba Trung Secondary School Dance Sports Club	200	1	0	0	No
5	Nguyen Dinh Chieu Secondary School Dance Sports Club	300	2	0	0	No
6	Hoa Mi Club	200	2	2	0	Yes

**Table 2. Survey results on human resources for physical training programs in secondary school clubs in Hai Ba Trung district, Hanoi (n=12)**

No.	Role	Quantity	Qualification
1	Club Administrators	3	Bachelor's Degree in Physical Education
2	Referees for Competitions	3	Bachelor's Degree in Physical Education
3	Coaches	4	Bachelor's Degree in Physical Education
4	Instructors	2	High School Diploma

district, with a total of only 12 individuals serving as administrators, coaches, and instructors, despite the presence of 6 clubs (as reported in Table 1). The majority of these individuals are former athletes, some of whom have received formal training at institutions specializing in Physical Education, while others rely on personal passion and informal mentorship provided by more experienced club members. This shortage of specialized personnel has led to insufficient attention being given to the athletes during training. Moreover, the number of certified referees is low, with most being trained at the Hanoi Sports and Competitions Center. Therefore, it is essential to propose a strategic plan to enhance the professional knowledge and skills of those important forces.

**3. Selecting criteria for evaluating the dance sports movement at secondary school clubs in Hai Ba Trung district, Hanoi**

To identify the most appropriate criteria for evaluating the development of the dance sports movement in secondary schools in Hai Ba Trung district, Hanoi, we conducted interviews with sports science experts and Physical Education officials using a structured questionnaire. The interview process involved two rounds and engaged 23 experts, teachers, and coaches. The interview results were tested through SPSS software (Statistical Package for Social Sciences) to examine Cronbach’s Alpha reliability, which aims to eliminate unreliable or redundant factors. As a result, six key criteria were identified to evaluate the current state of dance sports movements at secondary schools in Hai Ba Trung district, Hanoi, accounting for 85.7% of the total responses. These criteria include the number of individuals regularly participating in dance sports (person); the number of dance sports clubs within the district (units); the number of athletes participating in

dance sports competitions in/ outside the district (person); competition results and periodic evaluations (scores); the number of athletes promoted to the city’s team (person); the level of interest and enthusiasm for participating in the activity (scores).

**4. Evaluating the current status of dance movement at secondary school clubs in Hai Ba Trung district, Hanoi**

To assess the current state of the dance sports movement in secondary school clubs within Hai Ba Trung district, Hanoi, based on the selected criteria, we compared data from four clubs: two clubs in Hai Ba Trung district and two clubs in Cầu Giấy district. In the statistic test of growth, we separately analyzed by using criterion number 2. The subjects included both male and female students from grades 6 to 8, with a randomly selected sample of 260 students. The results are presented in Table 3.

According to the results in Table 3, there is a substantial difference between the two districts in terms of club growth. While Hai Ba Trung district shows great potential, it has significantly fewer clubs (15 compared to 38 in Cay Giay district). This discrepancy is proportionally reflected in the number of students participating in training, with  $t = 3.47$  to  $5.54$  at a significance level of  $P < 1\%$ . However, when considering the number of athletes promoted to the city’s team, as well as the level of interest and the number of athletes participating in competitions, both districts show a relatively balanced outcome, with no statistically significant differences  $P < 0.05$ . These results suggest that there are still significant disparities in the development of dance sports movements in districts, which require further research and suitable solutions.

**Table 3. The current state of the dance sports movement at secondary school clubs in Hai Ba Trung district compared to Cau Giay district, Hanoi (n=260)**

No	Criteria	Comparison results among dance sports clubs			
		Hai Ba Trung district (n=140)	Cau Giay district (n=120)	t	P
		Hoa Mi Club (n=80); Pro G Club (n=60)	Cau Giay Culture Center Club (n=80); Tu Hoa Club (n=40)		
1	The number of individuals regularly participating in dance sports (person)	2750 ± 29.78	3637 ± 21.66	5.54	<0.001
2	The number of dance sports clubs within the district (units)	15 ± 0.27	38 ± 2.34	3.47	<0.01
3	The number of athletes participating in dance sports competitions in/ outside the district (person)	86 ± 3.65	88 ± 3.75	3.47	>0.05
4	Competition results and periodic evaluations (scores)	6.7 ± 1.34	6.6 ± 1.23	3.47	>0.05
5	The number of athletes promoted to the city’s team (person)	14 ± 3.65	12 ± 3.65	1.33	>0.05
6	The level of interest and enthusiasm for participating in the activity (scores)	6.8 ± 1.76	6.9 ± 1.76	3.47	>0.05

*Comparing the difference ( $t_{calculate} = 2.34$ ), t indexes (in bolded lines) show there is no difference in  $t_{calculate}$  among indexes in other criteria with  $P < 0.001$  to  $0.05\%$ .*



**Dance sports are currently developing strongly in Vietnam**

### **CONCLUSION**

The assessment of the current state of the dance sports movement at secondary school clubs in Hai Ba Trung district, Hanoi reveals several limitations: the number of regular participants in dance sports remains low; students have yet to fully recognize the importance and benefits of dance sports for health and life; the number of dance sports clubs is limited, and the scope of competitions and participants is restricted, with low levels of achievement; the number of staff, coaches, and instructors dedicated to dance sports is insufficient; and expenditure and infrastructure for dance sports activities in Hai Ba Trung district remain inadequate. These results provide a foundation for proposing suitable solutions that aimed at promoting the development of the dance sports movement at secondary school clubs in Hai Ba Trung district, Hanoi.

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