BUILDING STANDARDS FOR ASSESSING LEVEL THREE BASKETBALL ATHLETE FOR NON-SPECIALIZED STUDENTS AT BAC NINH SPORTS UNIVERSITY

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Abstract:

Using regular scientific research methods in sports and physical education to select the contents of level III basketball athlete assessment for students not specialized in practical techniques. Based on that, the thesis has selected 03 tests in quantitative standards to assess level III basketball athlete for non-specialized students at Bac Ninh Sports University.

Keywords: Standard, level III, Basketball, Students, Bac Ninh Sports University.

INTRODUCTION

In recent years, based on the goals, requirements for innovation in the training system of the Credit system, the adjustment of contents, duration of basketball subject for non-specialized students have changed a lot, high specialization trend is shown clearly in the training process of the University. Therefore, the assessments of academic results, exam contents, and level III basketball athletes evaluation criteria for non-specialized students of Bac Ninh Sports University need to be adjusted and standardized accordingly with the qualifications and training requirements of the University.

RESEARCH METHODS

We use the following methods: Methods of analysis and synthesis documents; Method of interviewing seminars; Pedagogical observation method; Method of pedagogical examination; Statistical mathematics method.

RESULTS AND DISCUSSION

1. Select criteria for evaluating level III basketball athlete for non-specialized students at Bac Ninh Sports University

Through researching, understanding the status of the use of level III basketball athletes assessment criteria, we have identified 15 criteria. In order to select scientifically, objectively and accurately the criteria for evaluating level III basketball athlete for non-specialized students. The topic conducted the interviews twice, one month apart, with the following answers: 1. Agreed on using; 2. Disagreed on using.

After 2 interviews, the tests with the total number of approval opinions in each interview >70% will be selected to use. The first interview gave out 20 voting papers, collected back 16 voting papers. For the second time gave out 20 voting papers, collected back 15 voting papers. The interview results are presented in Table 1

Through table 1: According to the rules of selection, the topic has selected 03 level III basketball athlete evaluation criteria for non-specialized students at Bac Ninh Sports University, including the following tests: 1. Shoot on the spot with one hand high above 10 times (number of balls into the basket); 2. Dribble and do two steps lay up with one hand high above (count number of balls thrown into the basket); 3. Speed dribble 28m distance (s) on straight line

2. Building standards for assessing level three basketball athlete for non-specialized students at Bac Ninh Sports University

After selecting 03 level three basketball athlete tests, we conducted the tests on non-specialized students of courses 49, 50, of 2 sports training and physical education majors as

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Table 1. Interview results for selection of level III basketball athlete evaluation criteria for non-specialized students at Bac Ninh Sports University

No.	Test	Interview results 1st time (n=16)		Interview results 2nd time (n=15)	
		Number of people agreed	Ratio %	Number of people agreed	Ratio %
1	Dribble size 8 ball shoot 5 times continuously (calculate (s) and effectiveness of balls thrown into the basket)	5	31.20	6	40.00
2	Dribble and turn 360o without changing hand (technique of number of balls thrown into the basket)	7	43.75	7	46.60
3	Shoot on the spot with one hand high above 10 times(count number of balls into the basket)	15	93.75	14	93.30
4	Dribble and turn 360o change hand (technique of number of balls thrown into the basket)	9	56.20	8	53.30
5	Hold ball step and lay up (count technique of balls thrown into the basket)	10	62.20	9	60.00
6	Move, pass and catch ball in front of chest (technique and effectiveness of throwing into the basket)	8	50.00	7	46.60
7	Dribble and do two steps lay up with one hand high above (count number of balls thrown into the basket)	14	87.50	13	86.60
8	Shoot on the spot with two hands above head (number of balls thrown into the basket)	9	50.00	9	60.00
9	Dribble with hands change, pass obstacle and do 2 steps lay up 5 times (calculate (s) and number of balls thrown into the basket)	6	37.50	8	53.30
10	Jump shot on the spot at an average distance 30 balls (count number of balls thrown into the basket)	10	62.50	10	65.50
11	Speed running 5x28m (s)	7	43.75	7	46.60
12	Shoot outside of 3-point line 30 balls (count number of balls thrown into the basket)	9	56.20	9	60.00
13	High jump with momentum (m)	10	62.50	8	53.30
14	Run 90 times continuously 28m (s)	9	56.20	9	60.00
15	Speed dribble 28m distance (s) on straight line	16	100	14	93.30

a basis to serve the development of standards for assessing level III basketball athlet for non-specialized students. After the test results were available, we used the statistical algorithm with 2δ method to evaluate and classify according to 5 levels: Good, fair, average, weak and poor.

The results are classified in Table 2 according to 5 levels. However, to achieve good classification results is very difficult. At the good level, the test results show that very few students have achieved this.

Based on the classification of basketball test results of non-specialized students, and based on the results of direct interviews with the lecturers who directly teach at the Department of Basketball with the result that 100% of the

Table 2. Table of classification of basketball training level for non-specialized students Bac Ninh Sports University

Test	Gender	Good	Fair	Average	Weak	Poor
1. Shoot on the spot with one hand high above (count number of balls into the basket)	Male	> 6.5	6.0-6.4	5.0-5.9	4.0-4.9	<4.0
	Female	> 6.0	5.0-5.9	4.9-4.5	4.0-4.4	<4.0
2. Dribble and do two steps lay up with one hand high above (count number of balls thrown into the basket)	Male	> 9.5	9.4-9.0	8.00-7.50	6.50-7.00	<6.0
	Female	> 9.1	8.5-8.0	7.5-7.9	6.0-7.0	<5.00
3. Speed dribble 28m distance (s) on straight line	Male	<3.44	3.44-3.67	4.13-3.67	4.36-4.13	>4.36
	Female	<4.90	4.90-5.01	5.23-5.01	5.34-5.23	>5.34

teachers agreed that the classification results at the fair level in Table 1 are eligible to use as standards for assessing level III basketball athlete for non-specialized students at Bac Ninh Sports University.

The results of the achievement classification at fair level in Table 1 serve as the standard to evaluate the level III basketball athlete for non-specialized students. We built a level III standard classification table shown in Table 3.

Table 3. Table of level III basketball athlete standards for non-specialized students at Bac Ninh Sports University

TT	Test	Gender	Reach level III
1	1. Shoot on the spot with one hand high above (count number of balls into the basket)	Male	6
		Female	5
2	2. Dribble and do two steps lay up with one hand high above (count number of balls thrown into the basket)	Male	9
		Female	8
3	3. Speed dribble 28m distance (s) on straight line	Male	3"43
		Female	4"89

CONCLUSION

The research process has selected three tests to evaluate the level III basketball athlete for non-professional students at Bac Ninh Sports University.

The results of the study have built a table of standards for assessing level III basketball athlete for non-specialized students at Bac Ninh Sports University. The built standards have met the requirements regarding contents, criteria and evaluation standards. They are in accordance with current regulations, objectively reflect the students' academic results.

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