

# ASSESS THE ACTUAL SITUATION OF A NUMBER OF FACTORS AFFECTING THE MASS SPORTS MOVEMENT OF LE THUY DISTRICT - QUANG BINH PROVINCE

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## Abstract:

Using regular scientific research methods to assess the actual situation and some factors affecting the mass sports movement of Le Thuy district, Quang Binh province. The research results will be an important basis to propose solutions to develop the sports movement of Le Thuy district adequately with the local potential.

**Keywords:** Actual situation, movement, sports, mass, Le Thuy district.

## INTRODUCTION

Le Thuy district is one of the leading districts in the sports and physical movement of Quang Binh province. The mass sports movement of Le Thuy district has achieved certain achievements, especially in strong subjects such as volleyball, table tennis, badminton, swimming, Chinese chess ... However, the sports movement in Le Thuy district has not developed adequately with local potential and strengths. Therefore, the assessment of the actual situation of mass sports movement in Le Thuy district will be an important basis to improve the quality of community sports activities in the local area.

## RESEARCH METHODS

The research process used the following research methods:

Methods of analyzing and synthesizing documents: Using this method to analyze and synthesize state management documents on public sports in general and the sports movement in Le Thuy district in particular; textbooks, reference sources ... as a basis for assessing the situation and some factors affecting the physical training movement in Le Thuy district, Quang Binh province.

Methods of investigation and interview: We conducted interviews with Le Thuy district

leaders about facilities and sports staff; interview people living in Le Thuy district about the demand for physical training and sports to assess the actual situation of sports movement in Le Thuy district.

Statistical mathematics method: Using this method to assess the actual situation of some of the factors affecting the sports movement in Le Thuy district.

## RESULTS AND DISCUSSION

### 1. Actual situation of mass sports movement in Le Thuy district, Quang Binh province

#### 1.1. Actual situation of the main norms of mass sports development in Le Thuy district, Quang Binh province

In order to assess the actual situation of mass sports movement in Le Thuy district, we conducted a survey of main norms (according to Circular No. 08 2012 of the Ministry of Culture, Sports and Tourism which specified the content of evaluating the development of physical training and sports) based on annual statistics of the mass sports movement in Le Thuy district, Quang Binh province. The results are presented in Table 1.

Through table 1, the indicators on the movement of mass sports in Le Thuy district have increased over the years. The growth rate

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**Table 1. Actual situation of main norms of mass sports movement development in Le Thuy district, Quang Binh province**

No.	Norms	Year 2005		Year 2009			Year 2013		
		Number	%	Number	%	W% growth rate	Number	%	W% growth rate
1	Number of people participating in physical training regularly	35000	24.40	38992	27.00	10.79	53804	38.00	31.92
2	Number of sports families	5500	18.00	9682	28.00	55.09	14100	39.00	37.15
3	Number of sports clubs	45		51		12.50	75		38.10
4	Organize sports tournaments at the commune and town level	80		147		59.03	155		5.29
5	Organize district sports tournaments	8		13		47.60	16		20.68
6	Annual festival	2		2		0.00	3		40.00

is steady at a high rate. The percentage of people participating in regular sports and physical training in 2009 was 27% with a growth rate compared to 2005 of 10.79%. By 2013 this rate reached 38% with a growth rate compared to 2009 of 31.92%. This is explained by the fact that the number of people participating in regular physical training and sports in 2013 is higher than in 2009. It proves that the movement of mass sports in Le Thuy district is growing. The number of sports clubs increases every year. The number of sports families in 2013 had a lower growth rate than in 2009, but the number and percentage were in increased values.

### **1.2. Actual situation of demand for physical training and sports in Le Thuy district, Quang Binh province**

To clarify the status of the development of mass sports movement in Le Thuy District, Quang Binh Province, we assess the actual situation of demand for practicing sports of the people in Le Thuy district. Results are presented in Table 2.

Results in Table 2 show: the number of sports regularly attended by people in Le Thuy district is not high, only 12. The percentage of the number of people participating in sports practice varies among sports, unequally. The distribution

of people participating in the training varies. The ones which got the highest participating rates were volleyball 64.6% and football 48.35% with the main subjects are staff, students, adolescents and businesses. The one with lowest rate of participants in training was Chinese chess with 3.26%, most of participants were elderly and farmers. In mountainous and remote areas, because of difficult economic conditions and insufficient facilities, the sports movement has not been developed.

### **1.3. Actual situation of sports staff of Le Thuy district, Quang Binh province**

We surveyed the actual situation of Sports staff and the team in charge of sports, the collaborators are physical education and sports teachers of sport schools in Le Thuy district. Results are presented in table 3.

Table 3 shows, the number of officials doing physical training in Le Thuy district, Quang Binh province is too small compared to the development needs of the district's sports movement. In the district, there are only 06 officers working on physical training and sports, including 01 manager. Sports teachers at secondary schools and primary schools are the main collaborators in the arbitration in sports competitions in the district. The ratio of officials

**Table 2. Actual situation of demand for sports training of people in Le Thuy district (Year 2013)**

No.	Sports	Percentage of people participating in training (%)	Participants	Number of sports clubs	
				m <sub>i</sub>	%
1	Volleyball	64.60	Officials, students, adolescents, farmers, businesses, armed forces	18	24.00
2	Soccer	48.35	Students, adolescents, businesses, armed forces	12	16.00
3	Badminton	27.20	Officials, students, businesses, the elderly ..	7	9.33
4	Table tennis	18.65	Officials, students ...	4	5.33
5	Athletics	6.05	Students, armed forces,...	1	1.33
6	Swimming	15.40	Students, adolescents	2	2.67
7	Traditional martial arts	12.00	Students, adolescents	2	2.67
8	Karatedo	18.00	Students, adolescents	1	1.33
9	Tennis	4.80	Officials, businesses	1	1.33
10	Chess	3.26	The elderly, farmers	2	2.67
11	Health preservation exercise	6.75	The elderly	3	4.00
12	Traditional boat race	34.46	Farmers, adolescents	22	29.33

**Table 3. Status of the sports staff in the districts of Le Thuy, Quang Binh Province**

Unit	Number	Qualification			Note
		University	College	Intermediate	
Culture and Sports Department	3	3			01 manager
Culture, Information and Sports Center	3	2	1		
Commune Sports Officer	30	12	14	4	
Sports Teacher	68	44	18	6	

working in physical education and sports when compared to the number of people participating in training regularly is still too low, on average, out of 1495 people participating in regular training, there will be 1 physical education and sports officer

**2. Actual situation of factors affecting the mass sports movement in Le Thuy district**

**2.1. Actual situation of funding sources for physical training and sports in Le Thuy district, Quang Binh province**

The main economic structure in Le Thuy

district is agriculture, the people's living standard is not high, and they are still facing many difficulties, so the cultural and spiritual life has not been focused on yet. The economic development of the district is still slow, the investment in the field of sports is not paid much attention, the investment is low, so the facilities, training ground serving the needs of the people are old and degraded, which affect the development of sports and physical training in

Le Thuy district in general and the public sports in particular.

The funding for physical training and sports in general and the public sports in particular in Le Thuy district, Quang Binh province over the past years has only stopped at an average level, the annual budget is hardly enough to operate. The reality of the investment for the mass sports movement in Le Thuy district has been summarized in Table 4.

**Table 4. Actual situation of the investment for mass sports movement in Le Thuy district, Quang Binh province**

No.	content	Year (Unit: Million VND)				
		2009	2010	2011	2012	2013
1	Extracted from the State budget for public sports	380	420	480	550	620
2	Socialized contribution source	180	200	200	240	270
<b>Total</b>		<b>560</b>	<b>620</b>	<b>680</b>	<b>790</b>	<b>890</b>

Table 4 shows: the investment in mass sports movement in Le Thuy district over the years has increased. But the amount of funding increased every year is insignificant. The highest increase was in 2013 with the amount of 620 million VND. Besides, every year with many items to invest for the sports movement to develop, such as building and repairing courts, facilities, training equipment; funding for organizing district and commune competitions; ... with the amount of money extracted from the State budget above, it is very limited in order for the mass sports movement in Le Thuy district to expand widely.

### **2.2. Actual situation of physical training and sports facilities of Le Thuy district, Quang Binh province**

Facilities for the physical training and sports movement are actually courts, tools, equipment and constructions for physical training and competition such as soccer fields, volleyball courts, badminton courts...

The actual situation of facilities for sports movement in Le Thuy district, Quang Binh province is still at an average level compared to other districts in the whole Quang Binh province. The number of fields and courts is limited, almost all sports constructions are

reused. Through investigation, the thesis has synthesized this situation in Table 5 according to the statistics of 2013.

Results in Table 5 show: Facilities, fields and courts, exercise equipment for Sports in Le Thuy district are limited in both quantity and quality, this is the cause affecting the development of the district's sports movement. It is necessary to propose solutions to increase the quantity and quality of fields and courts, training equipment, facilities to serve the people in the district.

### **CONCLUSION**

Through an assessment of the situation and factors affecting the physical training and sports movement in Le Thuy district, the demand for physical training and sports practice is very high here, some norms such as people participating in sports training regularly, family practice sports ... are increasing every year. However, that growth is not high, not meeting the majority of people's training needs. This is partly due to the low investment for sports and physical training in Le Thuy district, and limited physical facilities. .. This is an important basis to propose solutions to develop the mass sports movement in Le Thuy district.

Table 5. Actual situation of fields and courts for sports in Le Thuy district, Quang Binh province

No.	Unit	Sports and physical works	Number	Satisfactory	
				Enough	Lack
1	District Culture - Information - Sports Center	11 people soccer field	1		x
		Volleyball court	4		x
		Badminton court	8	x	
2	Communes (28 communes, towns)	Sports Culture house	28	x	
		Stadium	10		x
		Badminton court	36	x	
		Table tennis court	14		x
		Volleyball court	48	x	
		Swimming pool	0	x	
		Martial arts training ground	7		
3	Offices	Badminton court	8		x
		Table tennis court	2		x
		Tennis court	1		x
		Volleyball court	8	x	
4	High schools and Secondary schools	Multifunctional gym	1		x
		Volleyball court	14	x	
		Soccer field	9		x
		Badminton court	8		x
		Shuttlecock kicking court	8	x	
<b>Total of physical training and sports constructions</b>			<b>187</b>		

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