

ENDURANCE ATHLETE OF THREE-DIMENSIONAL PUBLIC OPINION OF THEORY AND METHOD OF SELECTION

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ABSTRACT

Three-dimensional training control is based on theory of systems science three-dimensional control, according to complexity, comprehensive and systemic, those of features in the training system, gather all of factors that will effect training, to full control progress of training. three-dimensional training control is construct by Organizations internal control system, including forward message and feedback tunnel's control, and closed three-dimensional training control system construct by outside disturb system. it will gather all the factor which will effect training progress, then design, plan, executive, control. "Three-dimensional selection" is based on "three-dimensional training control", is a part of "closed training control system personnel

input." This research defined the "three-dimensional selection" to: Use three-dimensional training control theory and method to establish features that progress of three-dimensional science selection with comprehensive, systemic. Also for adaptation modern training more accuracy to select athletic, consider about complex of competition ability and effect science selection factor and science selection method become three-dimensional. Based on Theoretical and Staff participate in all aspects of public opinion, The athletes and coaches as the main target to construct a organization that have comprehensive and systemic selection athletic.

KEYWORDS: three-dimensional training control, three-dimensional selection



Road biking, one of the very high-endurance sports in the long run (photo source:: <https://shopxedap.vn/>)