

ACTUAL SITUATION OF THE FACTORS ENSURING THE IMPLEMENTATION OF THE BACHELOR OF PHYSICAL EDUCATION TRAINING PROGRAM CONTENT AT TAY BAC UNIVERSITY

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Abstract:

Assess the actual situation of the factors ensuring the implementation of the bachelor of physical education training program content at Tay Bac University through 8 criteria belonging to 3 groups of standards: Standards of teaching staff, Standards of facilities quality and finance for training and Standards of form and entrance level of physical fitness of students. The results show that: the actual situation of the factors ensuring the implementation of the bachelor of physical education training program content at Tay Bac University is relatively good, ensuring that the program content can be well implemented.

Keywords: Actual situation, ensuring factors, program content, Bachelor of Education and Training, Tay Bac University.

INTRODUCTION

The training results depend on many factors, of which the training program plays a key role. Based on the principles when evaluating the program and the results of evaluating the conditions ensuring the implementation of the curriculum, it shows that the actual situation of the factors ensuring the implementation of the training program at Tay Bac University has met objective conditions, therefore it is possible to view the current training results of the physical education department as mainly being due to the impact of the program.

When evaluating the effectiveness of the training program, it usually includes: Assessing the group of factors ensuring the implementation of the training program; Assess the group of content factors of the curriculum; Assess the group of effective factors of training program. Thus, in order to evaluate the content and effectiveness of the content of the program on the quality of training, it is necessary to assess the actual situation of the ensuring factors ... Only when the ensuring factors meet the

requirements of the training process, the training quality then depends mainly on the curriculum content. Therefore, assessing the actual situation of the factors ensuring the implementation of the bachelor of physical education training program content in Tay Bac University is a matter of necessity and of high practical significance.

RESEARCH METHODS

The research process used the method of analyzing and synthesizing reference materials, pedagogical observation method, interview method, pedagogical examination method, medical examination method and statistical mathematics method.

The survey was conducted on 66 students of the physical education department course 54 in October 2015 (form and entrance level of physical fitness).

Physical fitness tests: Use 06 tests according to the regulations of the Ministry of Education and Training (According to Decision No. 53/2008 / QD-BGDĐT)

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RESULTS AND DISCUSSION

1. Actual situation of the physical education teaching staff at Tay Bac University

The survey results of the actual situation of the teaching staff at Tay Bac University are presented in Table 1.

As shown in Table 1, the total number of

Table 1. Actual situation of the Physical Education teaching staff at Tay Bac University

No	Classification	Number	Level			Seniority (average)
			Before university	University	Post graduate	
1	Total number of lecturers	30	0	1	29	9.76
2	Contract lecturers	28	0	1	28	
3	Invited lecturers	2	-	1	1	8.5

faculty members is 30, of which 01 has university degree, the remaining 29 have post-graduate qualifications (by 2014, there were 28 contract lecturers of post-graduate level left due to the faculty work reassignment), the average seniority of the faculty is 9,76 years. Basically, the number of lecturers of the faculty meet the standards for teaching at university level. The standard number of hours specified in the school

year is guaranteed, there is no big difference in overtime compared to the total number of hours.

2. Facilities and finance for the bachelor of Physical Education training program in Tay Bac University

2.1. Classrooms, lecture halls, supporting equipment

Statistics of classrooms, lecture halls and supporting equipment are presented in Table 2.

Table 2. Actual situation of classrooms, lecture halls and supporting equipment at Tay Bac University

No.	Courts, yards, tools	Number	Quality	Satisfactory level
1	Classroom	80	Good	Good
2	Sounding and projector system	25	Good	Fair
3	Laboratory	2	Good	Fair
4	Practicing room	3	Good	Good
5	Library	1	Good	Fair
6	200 - 250 seats hall	4	Good	Fair
7	700 seats big hall	1	Good	Good

Table 2 shows that: Equipment such as sounding, lighting, projectors systems, lecture halls, classrooms, laboratories all ensure good quality for teaching the school's students. in general and students of physical education department in particular. With 80 classrooms and large halls that have the facilities to organize classes with a large number of students, the learning demand of students is met. There is also a system of practice, experiment rooms that help students have access to further expertise to improve skills, knowledge and applicability.

2.2. Courts, yards and training tools

Statistics on the actual situation of courts,

yards and training tools for the bachelor of physical education training program at Tay Bac University are presented in Table 3.

Table 3 shows that the school's training system initially served well for the conditions of teaching students of Physical Education department, with an athletics field with enough total area, an artificial grass football field, and other courts covered with concrete. Especially, the martial arts gymnasium has carpets that are qualified for competitions. The level of satisfactory in training varies from average to good.

The results of the evaluation of the facilities quality for teaching and learning activities have

Table 3. Statistics on training courts, yards for the process of training of Tay Bac University

No.	Courts, yards, tools	Number	Quality	Satisfactory level
1	Athletics field	1	Average	Fair
2	Artificial grass football field	1	Good	Good
3	Martial arts gymnasium	1	Good	Good
4	Handball court	1	Good	Fair
5	Volleyball court	3	Good	Fair
6	Basketball court	1	Good	Average
7	Tennis court	3	Average	Fair

(Data source, Tay Bac University Administration Office, 2015).

achieved good and very good results in serving the learning and scientific research work.

2.3. Library, curriculum, books and reference materials

The University's library has 2 floors with 04 functional rooms and over 8,200 books, of which 2000 electronic documents, over 300 foreign language books; nearly 100 newspapers and magazines in Vietnamese and foreign languages and books for professional teaching and learning.

Among reading room, classrooms, scientific activities rooms, working rooms, scientific thesis defending room, there are: A reading room of the library with an area of over 300 m², 01 conference and high quality scientific thesis defending room with an area of about 70m², equipped with standard tables and chairs, including a closed table system and two rows of tables on two sides, with over 50 seats, 10 classrooms with projectors and video technology for students' scientific activities and studies. The Office of the Department of Physical Education includes 01 common room with a total area of over 60m², 04 small rooms with an area of about 25m², 03 lecture hall zones (03 5-floor buildings, 12 4-floor buildings). Computer system: There are over 200 computers, including 120 for training, 26 for scientific research and over 50 for management.

The documents, facilities serving the bachelor of physical education training in Tay Bac University also ensure a good level. Specifically:

Among 66 subjects in the training program,

there are 435 documents, including 60 textbooks, 233 references, 17 instruction documents, 125 grey literature documents. On average, each subject has approximately 7 teaching materials.

The system of lecture halls, classrooms, and research rooms in the school are used for the bachelor of physical education training program. Therefore, the teaching equipment meets the demand well.

Thus, we can see the evaluation criteria for libraries, teaching textbooks, books and reference materials ensures the work of teaching and learning for research subjects.

2.4. Finance for training

The statistical results of the financial situation show that: The investment in education for bachelor of physical education training is directly about VND 200 million / year, but according to the University's general regulations it is about 300 - 400 million / year .

Thus, the research shows that the facilities and finance for the bachelor of physical education training in Tay Bac University are relatively sufficient, meeting the teaching and learning needs of officials, teachers and school students. At the same time, the school is still focusing on increasing investment in the direction of learners being the center.

3. Form and entrance level of physical fitness of students

Surveying the actual situation of the form and physical fitness of 66 students of physical education department, course 55 in October 2014 (form and entrance level of physical



Ensuring good facilities is one of the important conditions to improve the quality of Physical Education (photo by: upes1)

Table 4. Actual situation of the form and entrance level of physical fitness of students of Physical Education department, Tay Bac University (n=66)

No.	Test content	Male (n=60) ($\bar{x} \pm \delta$)	Female (n=6) ($\bar{x} \pm \delta$)
1	Height (cm)	165.9±1.6	155.8±1.3
2	Weight (kg)	54.8±1.9	44.4±1.8
3	BMI indicator (kg/m ²)	19.8±0.83	18.3±0.54
4	Forehand squeeze force (kG)	39.7±3.1	28.3±2.1
5	Standing long jump (cm)	221.5±13.4	153.5±11.4
6	30m standing start running (s)	5.19±0.28	6.24±0.63
7	Crunches (times/30s)	17.3±2.9	13.8±1.5
8	4x10m diamond-shaped running (s)	11.94±0.56	12.57±0.67
9	5-minute free running (m)	974.1±143	861±46

fitness). The results are presented in Table 4.

Table 4 shows that: The body form indicators and the physical fitness of the students of physical education department in Tay Bac University is good compared to Vietnamese people of the same age and gender, when compared with the research results of the actual situation of Vietnamese' physical fitness aged 6 – 20 of author Duong Nghiep Chi and

colleagues in 2001 [24] and with the research results of the Ministry-level topic of author Tran Duc Dung and colleagues in 2015 [28]. The main reason here is that at the time of enrollment, the school has focused on gifted enrollment, that is, choosing healthy students at the level that ensures the minimum conditions of the bachelor's degree training program at the university. Some body form evaluation

Table 5. Actual situation of the entrance levels of physical fitness classification results of students of Physical Education department at Tay Bac University (n=66)

Classification	Male students (n=60)		Female students (n=6)	
	m_i	%	m_i	%
Good	22	36.67	2	33.33
Pass	38	63.33	4	66.67
Fail	0	0	0	0

indicators are lower than that of the subjects of the same age group in studying the physical fitness development of students in the Northern provinces. In general, there are many better physical indicators such as 5-minute free running, standing long jump ... due to the characteristics of the living environment and natural conditions, society has created the physical fitness adaptation of the Northwest mountainous people.

To assess in more detail the physical fitness level of students, the thesis classifies the physical fitness levels of students according to the regulations of the Ministry of Education and Training. The classification process used 04 tests: Standing long jump (cm), 30m standing start running (s), Crunches (times / 30s) and 5-minute free running (m). Results are presented in table 5.

Table 5 shows that: when classifying the physical fitness levels, most students passed and achieved good grade, there is no fail student. Specifically: There were 22 male students achieved good level, accounting for 36.67%, at pass level was 38 students, accounting for 63.33%; there are 2 female students achieved good level, accounting for 33.33%, and 4 students at pass level, accounting for 66.67%.

Thus, the body form and physical fitness characteristics of Physical Education department at Tay Bac University are guaranteed to be able to meet the learning program's requirements well.

CONCLUSION

Results of assessing the actual situation of the conditions ensuring the bachelor of physical education training program at Tay Bac University show that all conditions ensure good performance for the program's implementation. Thus, according to the approach in evaluating the curriculum content that the thesis has mentioned, it is possible to consider that the quality of existing training is mainly influenced and affected by the curriculum content.

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